

| DATE | SNR ELITE | A.G.N | JO1 | JO2 | JO3/TEDS | JNR DEV |
|-----------------------------|------------------------|-------------|------------------------|---------------------------|-----------------------|---|
| SEPT 20 TH | TEASPOON | TEASPOON | TEASPOON | TEASPOON | TEASPOON | TEASPOON |
| 12 th | | | WHITEROSE TEAM 12/U | WHITEROSE (SELECTED | WHITEROSE SWIMMERS | WHITEROSE ONLY) |
| OCT 4 TH | | HULL | HULL | HULL | | HULL |
| 10/11 TH | YORKS | YORKS | YORKS | YORKS | YORKS | YORKS |
| NOV 7 TH | N.E.R'S | | | B/MINORS | B/MINORS | B/MINORS |
| 21/22 ND | STOCKPORT | | | | | |
| 28/29 TH | | N.E.R'S | LINCOLN | LINCOLN | | SHEFF C |
| DEC 45/6 th | SNO FRILLS | SNO FRILLS | DARTES | DARTES | | |
| 12 TH | | | | | BARNSELY | |
| 17/20 TH | DUTCH NATS | LEEDS XMAS | | | | |
| JAN9/10 TH | DERBY | DERBY | | | | |
| 16/17 TH | LIVERPOOL | LIVERPOOL | | | | |
| 23/24 TH | | | LEEDS 'B' | LEEDS 'B'? | SHEFF&DIS | SHEFF&DIS |
| 30/31 ST | BURNS MEET | HARROGATE | HARROGATE | | | |
| FEB 6/7 th | YORKS | YORKS | | 13 TH FEB DUAL | DUAL | YORKS |
| 20/21 ST | | YORKS 1 | YORKS 1 | YORKS 1 | YORKS 1 | YORKS 1 |
| 27/28 TH | CAMP | YORKS 2 | YORKS 2 | YORKS 2 | YORKS 2 | YORKS 2 |
| MAR 20/21 ST | | YORKS 3/4 | YORKS 3/4 | YORKS 3/4 | YORKS 3/4 | YORKS 3/4 |
| 26/28 TH | PREMIER | PREMIER | PREMIER | | | |
| 29/3 rd | BRIT/CHAMPS | | | | | |
| APRIL | | | | | | |
| 23/25 TH | | LEICESTER* | LEICESTER | DERBY | DERBY | DERBY |
| | | | | | | |
| MAY 1/3 rd | N.E.R'S | N.E.R'S | | | | |
| 8/9 TH | | SPORTS AID | SPORTS AID | | | |
| 28/30 TH | NO FRILLS | NO FRILLS | NO FRILLS | TBA | TBA | TBA |
| 31/4 TH | | CAMP | | | | |
| JUNE 5/6 th | | N.E.R'S | N.E.R'S | | | |
| 12/13 th | | N.E.R'S | N.E.R'S | | | |
| DATES TBC | | | | THORNE TIGERS | THORNE TIGERS | THORNE TIGERS |
| JULY | CAMP | | | | | |
| 8/10 th | BRITISH OPEN | | | | | |
| 17/18 TH | | ROTH MET | ROTH MET | ROTH MET | ROTH MET? | ROTH MET? |
| 29/31 ST | CWG PREP | | | | | |
| 28/1 ST | | BAGCAT NATS | BAGCAT NATS | | | |
| AUG | | | | | | |
| 3/7 TH | YTH NATS | YTH NATS | | | | |
| 18/21 ST | CWG TRIALS | | | | | |
| SEPT 10/11 TH | FINAL PREP MEET CWG | | | | | |
| OCT 4/9 TH | COMMONWEALTH GAMES | | | | | (Proposed meets only and may be subject to change) |

Created on 8/12/09

14/18TH JULY LEN European juniors Helsinki
9/15TH AUG European L/C Champs Budapest